

Do you want your medical records to stay confidential to this practice, or to be uploaded to the **NHS central record system** (NHS “Spine”)?

I want my medical records uploaded to the NHS system

In an emergency, other healthcare staff can see what medication I am on and future health information

YES

DO NOTHING

OR

I want my medical records to stay confidential to this practice

I wish to be in control of my health information

YES

SIGN ‘OPT OUT’ FORM AT RECEPTION

OR

I am not sure because...

I need more time to think about it and find out more

I am worried about security of my health information

UNSURE

READ THE FACTSHEET AT RECEPTION

Want to find out more?

Read the **patient factsheet** at reception
Ask your **GP/Practice Team**
Phone an NHS information line on **0845 603 8510**
Visit **www.nhscarerecords.nhs.uk**; **www.tiny.cc/optout383**

OR

www.thebigoptout.com